

# Collisional lasing on a self-terminating transition $2^1P_1^o-2^1S_0$ in helium atom

E.V. Bel'skaya, P.A. Bokhan, D.E. Zakrevskii, M.A. Lavrukhin

**Abstract.** Lasing on a self-terminating transition  $2^1P_1^o-2^1S_0$  ( $\lambda = 2.058 \mu\text{m}$ ) in helium atom is studied for a single- and double-pulse operation regimes under electron beam pumping in pure helium and its mixtures with  $\text{H}_2$ ,  $\text{N}_2$ ,  $\text{O}_2$ ,  $\text{CO}_2$ ,  $\text{H}_2\text{O}$ ,  $\text{NH}_3$ , and  $\text{N}_2\text{O}$ . In pure helium, the maximal pulse duration is  $\sim 50$  ns, which agrees with the calculated value. Recovery of lasing in the second pulse is observed at a time delay between the pulses of longer than  $1.25 \mu\text{s}$ . In adding  $\text{CO}_2$ ,  $\text{N}_2\text{O}$ ,  $\text{NH}_3$ , and  $\text{H}_2\text{O}$ , the relaxation rate for population of the metastable state  $\text{He}(2^1S_0)$  increases, which makes the delay, needed for recovering lasing, shorter up to pulse merging in the case of  $\text{H}_2\text{O}$ . At the exciting pulse base-level duration of  $1.2 \mu\text{s}$ , in mixtures of helium with  $\text{NH}_3$  and  $\text{H}_2\text{O}$ , laser pulses with a duration of  $\sim 0.8 \mu\text{s}$  are observed, which testifies that collisional quasi-cw lasing occurs. Mechanisms of collisional lasing are discussed.

**Keywords:** collisional lasing, helium laser, constants of de-excitation.

## 1. Introduction

Depopulation of a lower laser level through collisions with heavy particles is actively used for obtaining an inversion population in atoms, molecules, and their ions, which resulted in creation of high-power highly efficient lasers (lasers on  $\text{CO}_2$  and  $\text{CO}$  molecules, iodine atoms, etc.). The idea of using collisional de-excitation of working states for producing a medium with negative absorption was first suggested [1] just prior to creation of a first laser. Later, Bennett [2] and Gould [3] defined the requirements to active media of the lasers (sometimes called ‘collision lasers’) based on fast relaxation in a system of groups of closely residing upper and lower levels with the energy separation in groups  $\Delta E \leq k_B T_g$  (here,  $k_B$  is the Boltzmann constant,  $T_g$  is the active medium temperature).

As was mentioned in [4], successful implementation of Gould’s suggestion on creating a collision laser is a laser on a  $\text{CO}_2-\text{N}_2-\text{He}$  mixture. However, attempts to create such lasers on active media with atomic or ion transitions by conventional excitation schemes [a gas discharge or electron beam (EB)] were generally not successful [5]. Under optical excitation [6] or by mixing with a preliminarily excited carrier of energy [7], population inversion is produced and las-

ing is obtained, for example, in rubidium and caesium atoms [6] or iodine atoms [7]. Although the relaxation and energy transfer in these atoms at  $\Delta E \leq k_B T_g$  only occur in an ensemble of upper levels, most powerful and prospective lasers are created and are still being developed on their basis [8, 9]. One more successful tendency in creation of lasers with collisional de-excitation is search for and realisation of the systems with fast relaxation of lower working levels in a single collision act at  $\Delta E \gg k_B T_g$ . In particular, in a  $\text{He}-\text{Zn}-\text{Eu}$  mixture, the transition  $\text{Eu}^+(z^7P_4-a^7D_3^o)$  at  $\lambda = 1.002 \mu\text{m}$  exhibits a maximal gas laser radiation energy per unit mass [10].

Among a great variety of collisional processes, which lead to fast relaxation of atomic state populations at  $\Delta E \gg k_B T_g$  and result in lasing [11–23], only the penning effect in atoms and quasi-resonance recharge in ions are of sufficiently general character. Recently [24], it was reported about collisional lasing on a transition  $\text{He}(2^1P_1^o-2^1S_0)$  at  $\lambda = 2.058 \mu\text{m}$  with a simultaneous employment of other universal quenching mechanisms, namely, collisions with molecules and slow electrons. An attractive feature of the laser is its possibility to produce lasing on the transition from a resonance state (RS) to a metastable state (MS), suggested in [25] and realised for atoms Ba [22, 26], Eu [10, 22], Ca and Sr [12, 13], Pb [22], and for ions  $\text{Ca}^+$ ,  $\text{Eu}^+$ , and  $\text{Sr}^+$  [21]. Here, we report results of a detailed study of collisional lasing in helium atom.

## 2. Experimental

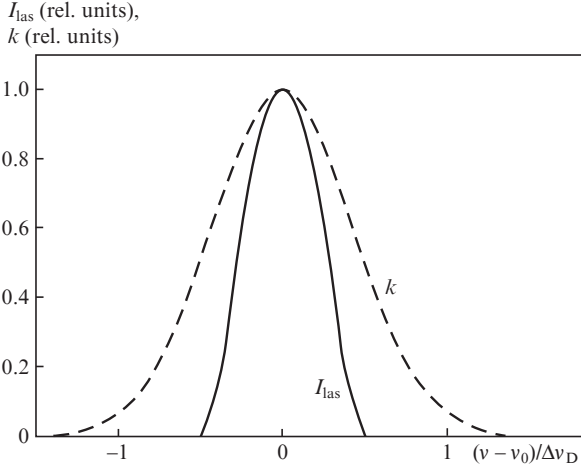
In studying the lasing characteristics, we used the laser cavity and pump generator described elsewhere [24, 27]. Lasing on a self-terminating transition was obtained under pumping by a radial EB, which was generated by an open discharge (OD) [28] in a double pulse regime with the FWHM pulse duration of 25 ns in a 12-cm-long cavity 3.1 cm in diameter. The amplitude of the current in the EB reached 2.5 kA and the working voltage in the OD did not exceed 7 kV. The properties of collisional lasing were also studied under pumping by single pulses with the duration of up to  $1.2 \mu\text{s}$  generated by an artificial line with a wave impedance of  $4 \Omega$ .

The MS relaxation rate for  $\text{He}(2^1S_0)$  was measured by absorption in a test cavity with a length of 9 cm and diameter of 5 cm, which was also pumped by the radial EB with duration of  $\sim 15$  ns generated in the OD. For probe radiation we used radiation of a laser on the self-terminating transition  $\text{He}(2^1P_1^o-2^1S_0)$  at  $\lambda = 2.058 \mu\text{m}$  pumped by the radial EB. A near-axis domain was cut from the laser beam by a diaphragm 0.3-cm in diameter and the radiation was directed along an axis of the test cavity. The nonresonant losses in the laser cavity were  $\beta l = 0.34$  (here,  $\beta$  is the reduced coefficient of nonreso-

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nant losses and  $l$  is the length of the laser active medium), and the pumping was chosen so that the gain at the Doppler profile centre be  $\alpha = 0.69$  ( $\alpha$  is the gain). The lasing profile calculated for this case in [29] is given by the expression  $I_{\text{las}}(\nu) = \alpha(\nu) / I_s [1 - \sqrt{\beta/\alpha(\nu)}]^2 \{I_s = A_{\text{rm}}/h\nu_0 [2\sigma(\nu)]$  is the line centre saturation intensity at the frequency  $\nu_0 = c/\lambda$ ,  $A_{\text{rm}}$  is the transition probability for  $\text{He}(2^1P_1^0 - 2^1S_0)$ ;  $h$  is Planck's constant,  $\sigma(\nu)$  is the absorption cross section for Doppler broadening} and is presented in Fig. 1. In the same figure, the Doppler profile for the absorption line in the test cavity is shown for the transition  $\text{He}(2^1S_0 - 2^1P_1^0)$  at room temperature.



**Figure 1.** Intensity of laser radiation  $I_{\text{las}}$  and the absorption coefficient  $k$  for the Doppler-broadened line  $\text{He}(2^1S_0 - 2^1P_1^0)$  vs. detuning from the line centre [ $\lambda = 2.058 \mu\text{m}$ ,  $\Delta\nu_D$  is the Doppler (FWHM) linewidth].

With a monochrome probe radiation frequency  $\nu_0$  corresponding to the centre of the absorption line, the absorption coefficient  $k(\nu_0)$  is determined by the ratio of the energies  $w_{\text{out}}$  and  $w_{\text{in}}$  for the probe radiation at the cavity output and input, correspondingly,  $w_{\text{out}}/w_{\text{in}} = \exp(-ks)$ , where  $s$  is the absorption path length. Because the monochrome probe radiation at the wavelength  $\lambda = 2.058 \mu\text{m}$  is absorbed on the transition  $\text{He}(2^1S_0 - 2^1P_1^0)$ , then the absorption coefficient is  $k = k(\nu_0) \propto n_m$ , where  $n_m$  is the MS population for  $\text{He}(2^1S_0)$ . In view of the time evolution  $n_m = n_m^0 \exp(-At)$ , the rate of quenching  $A$  is determined by the expression

$$At = -\ln k + b = -\ln[-\ln(w_{\text{out}}/w_{\text{in}})] + c,$$

where  $b$  and  $c$  are constants. The constant of the process is found from the MS de-excitation rate:  $k_i^m = A/n_i$ , where  $n_i$  is the concentration of the  $i$ th reagent (electrons and various molecules).

In the case where the frequency of the probe radiation  $\nu \neq \nu_0$ , the absorption coefficient reduces and, consequently,  $w_{\text{out}}/w_{\text{in}}$  and the population  $n_m$  are determined with an inaccuracy  $\Delta n_m/n_m = [k(\nu_0) - k(\nu)]/k(\nu_0)$ . If the probe radiation is not monochromatic, then

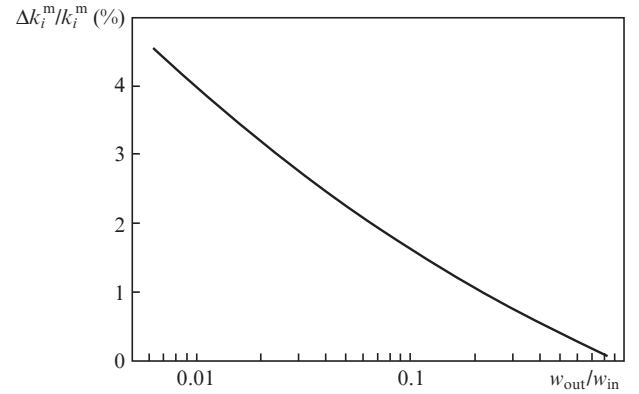
$$w_{\text{out}}/w_{\text{in}} = \int I_{\text{las}}(\nu) \exp[-k(\nu)s] d\nu / \int I_{\text{las}}(\nu) d\nu = \exp(-k_{\text{av}}s)$$

( $k_{\text{av}}$  is the resulting absorption coefficient) and the coefficient  $k_{\text{av}}$  obtained differs from  $k(\nu_0)$ . The inaccuracy of measuring

the de-excitation constant  $\Delta k_i^m/k_i^m$  due to the finite spectral width of the probe radiation was calculated for various values of the absorption coefficient  $k(\nu_0)$  as follows

$$\frac{\Delta k_i^m}{k_i^m} = 1 - \frac{\ln(k_{\text{av}})}{\ln[k(\nu_0)]} = 1 - \frac{\ln[-\ln(w_{\text{out}}/w_{\text{in}})]}{\ln\{-\ln[\exp[-k(\nu_0)]]\}}.$$

Figure 2 shows the calculation results for the intensity distribution of the probe laser radiation over frequency presented in Fig. 1. One can see that the inaccuracy raises as  $k(\nu_0) \propto n_m$  increases (the ratio  $w_{\text{out}}/w_{\text{in}}$  reduces). For example, in order to provide the accuracy of  $\Delta k_i^m/k_i^m \approx 2\%$  in determining the de-excitation constant  $k_i(\nu)$ , the ratio  $w_{\text{out}}/w_{\text{in}}$  should be greater than 0.06.



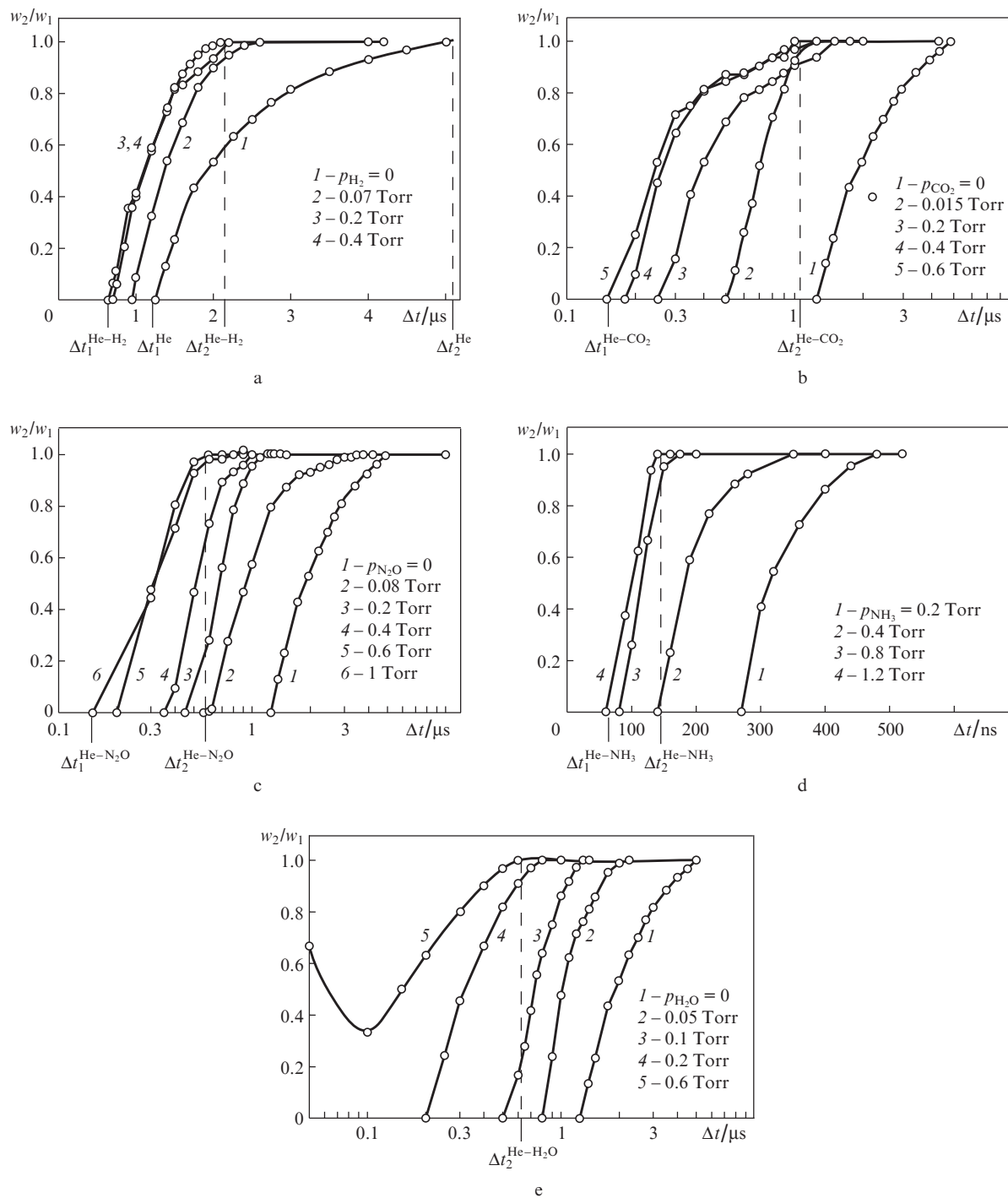
**Figure 2.** Inaccuracy  $\Delta k_i^m/k_i^m$  of measuring the de-excitation constant vs. the energy ratio  $w_{\text{out}}/w_{\text{in}}$  of output radiation passed across the test cavity and input probe radiation.

The parameters of the laser pulse radiation were measured with an InSb sensor (PD24-03) with the time resolution of 4 ns and with a four-channel TDS-2024B oscilloscope with the bandwidth of 200 MHz. Spontaneous emission from working cavities was studied by using a monochromator and a FEU-106 photomultiplier with the time resolution of 3 ns.

### 3. Lasing characteristics in the double-pulse regime

The lasing parameters in the second pump pulse, i.e., the dependences of  $w_2/w_1$  on the time delay between the pulses  $\Delta t$  (here,  $w_2$  and  $w_1$  are the energies of the second and first pulses, respectively), were measured both in pure He and in its mixtures with  $\text{H}_2$ ,  $\text{N}_2$ ,  $\text{O}_2$ ,  $\text{H}_2\text{O}$ ,  $\text{NH}_3$ , and  $\text{N}_2\text{O}$ . A characteristic example of lasing recovery in pure He in the second pulse is curve (I) in Fig. 3a. One can see that lasing arises at  $\Delta t_1 = 1.25 \mu\text{s}$  and completely recovered lasing is observed at  $\Delta t_2 = 5 \mu\text{s}$ . The rate of the recovery weakly depends on the pump pulse energy. Such a dependence is typical for electron-beam-pumped self-terminating lasers, and is determined by the rate of MS relaxation in the afterglow [22, 30, 31].

Molecular admixtures accelerate the process of lasing recovery in the second pulse. The recovery time substantially depends on the type of the admixture and, under some conditions, on a pressure of the latter  $p_{\text{mol}}$ . In the case of dimers ( $\text{H}_2$ ,  $\text{N}_2$ ,  $\text{O}_2$ ), at increasing  $p_{\text{mol}}$  the parameters  $\Delta t_1$  and  $\Delta t_2$  first rapidly reduce and then remain constant up to the limiting pressure, at which lasing still can be observed (Fig. 3a). Most



**Figure 3.** Ratios  $w_2/w_1$  vs. the delay  $\Delta t$  between the pump pulses at  $p_{\text{He}} = 7$  Torr under double pulse excitation in mixtures He-H<sub>2</sub> (a), He-CO<sub>2</sub> (b), He-N<sub>2</sub>O (c), He-NH<sub>3</sub> (d), and He-H<sub>2</sub>O (e).

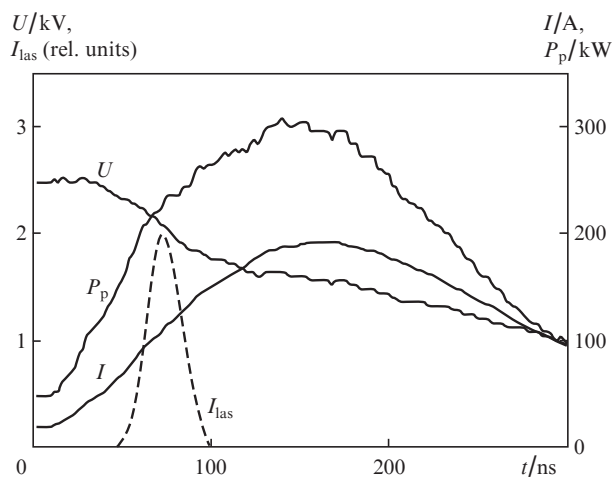
rapidly lasing recovers in the mixture He-H<sub>2</sub>, in which case  $\Delta t_1 = 0.64 \mu\text{s}$  and  $\Delta t_2 = 2.2 \mu\text{s}$ .

Lasing is more rapidly recovered in mixtures of He with triatomic molecules: a symmetric CO<sub>2</sub> molecule and weakly polarised N<sub>2</sub>O molecule, which has a dipole moment  $d_{\text{N}_2\text{O}} = 0.16 \text{ D}$  ( $1 \text{ D} = 0.33 \times 10^{-29} \text{ K m}$ ) (see Figs 3b,c). However, similarly to the case of dimers, the fall of  $\Delta t_1$  and  $\Delta t_2$  vanishes as the mixture pressure exceeds a certain value. For a N<sub>2</sub>O molecule, the minimal values of  $\Delta t_1$  and  $\Delta t_2$  are, respectively, 0.15 and 0.6  $\mu\text{s}$ , and for CO<sub>2</sub> molecule these are 0.15 and 1  $\mu\text{s}$ .

Shortest lasing recovery times in the second pulse are observed in mixtures with polar molecules NH<sub>3</sub> and H<sub>2</sub>O possessing large dipole moments:  $d_{\text{NH}_3} = 1.46 \text{ D}$ ,  $d_{\text{H}_2\text{O}} = 1.84 \text{ D}$  (see Figs 3d,e); in the mixture with H<sub>2</sub>O, lasing does not vanish at  $p_{\text{H}_2\text{O}} > 0.5$  Torr. For the second pulse, at  $\Delta t < 100$  ns an increase in the ratio  $w_2/w_1$  is observed, which is a consequence of temporal overlap of laser pulses. Note that this phenomenon – overlap of laser pulses as the similar pump pulses become closer – is observed for self-terminating transition lasers for the first time.

#### 4. Lasing parameters under long excitation pulses

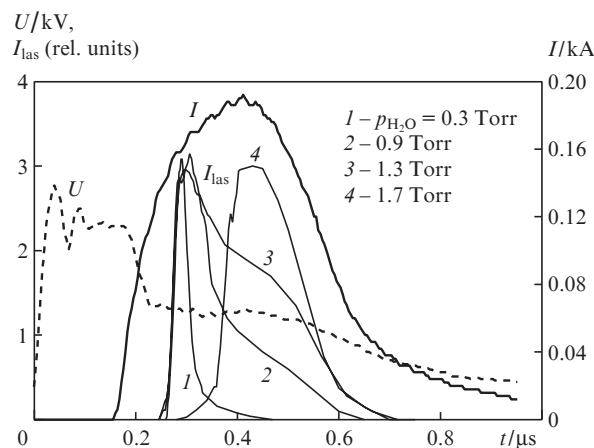
Figure 4 presents the oscillograms of the pump pulses and laser radiation while exciting pure He by long pulses. In all the experimental conditions ( $p_{\text{He}} = 6\text{--}50$  Torr, the EB current of  $0.16\text{--}2.34$  kA, discharge voltage of  $U = 2.4\text{--}6.2$  kV), a longest pulse base-level duration was 50 ns with a statistical error of  $\pm 3$  ns. A similar maximal duration of the laser pulse is obtained in helium mixtures with  $\text{H}_2$ ,  $\text{N}_2$ ,  $\text{O}_2$ ,  $\text{CO}_2$ , and  $\text{N}_2\text{O}$  up to the admixture pressures yet providing lasing. Quite differently lasing occurs in helium mixtures with  $\text{H}_2\text{O}$  and  $\text{NH}_3$ . Adding admixtures  $\text{H}_2\text{O}$  (up to 0.6 Torr) and  $\text{NH}_3$  (up to 1.3 Torr) at  $p_{\text{He}} = 6$  Torr results in a greater generation energy (by a factor of 30 in the mixtures with  $\text{H}_2\text{O}$ ) and pulse duration due to a stretched trailing edge of the pulse [see Fig. 5, oscillograms (1–4)].



**Figure 4.** Oscillograms of voltage  $U$ , current  $I$ , power  $P_p$  of the discharge, and laser radiation pulse ( $I_{\text{las}}$ ) at  $p_{\text{He}} = 12$  Torr.

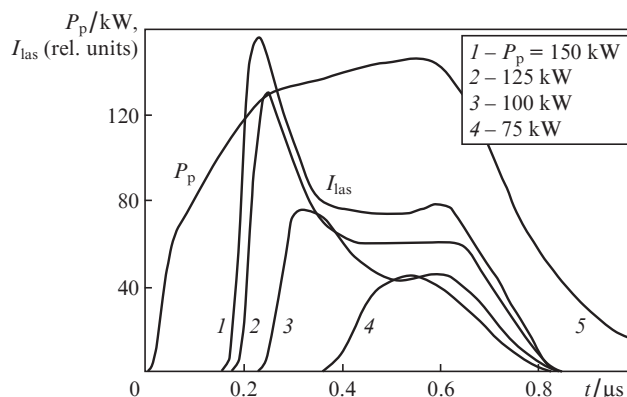
In exciting by single pulses, the shape of the laser pulses depends not only on the pressure of a molecular additive  $p_{\text{mol}}$ , but also on the pump power  $P_p$  (see Fig. 6). The maximal feasible pump power, in turn, depends on the OD duration and is limited by the instability of EB generation, which arises if the pump power overrides a certain value. For example, in the He– $\text{H}_2\text{O}$  mixture at pressures of  $p_{\text{He}} = 6$  Torr and  $p_{\text{H}_2\text{O}} = 1.3$  Torr, the highest pump power is 480 kW at the FWHM pulse duration of  $\tau_p = 280$  ns, 150 kW at  $\tau_p = 500$  ns and 72 kW at  $\tau_p = 680$  ns.

At higher pressures  $p_{\text{H}_2\text{O}}$  and low pump powers, the laser pulse has no leading peak and appears in a long delay relative to the onset of the current pulse. In mixtures of He with  $\text{H}_2\text{O}$  and  $\text{NH}_3$ , lasing occurs at a considerably lower pump power as compared to pure helium. For example, in the He– $\text{H}_2\text{O}$  mixture at the pressures  $p_{\text{He}} = 6$  Torr and  $p_{\text{H}_2\text{O}} = 1$  Torr, lasing starts at the voltage  $U = 1.08$  kV corresponding to the maximum current  $I = 100$  A, whereas in pure helium the threshold values for  $U$  and  $I$  needed for lasing to occur are 2.4 kV and 180 A, respectively. The range of optimal helium pressures in adding an admixture shifts to lower values of  $p_{\text{He}}$ . Lasing at  $2.058$   $\mu\text{m}$  is observed in the He– $\text{H}_2\text{O}$  mixture at  $p_{\text{He}} = 0.7$  Torr and  $p_{\text{H}_2\text{O}} = 0.7$  Torr, whereas in pure helium a minimal working pressure is  $p_{\text{He}} = 6$  Torr. The range of pressures ( $p_{\text{He}}$



**Figure 5.** Oscillograms of laser radiation pulses ( $I_{\text{las}}$ ) at various water vapour pressures,  $p_{\text{He}} = 6$  Torr and the same discharge voltage  $U$  and current  $I$ , which are also shown.

> 9 Torr) in which lasing may occur in mixtures of helium with molecular admixtures is limited by the arising instability of EB generation.



**Figure 6.** Oscillograms of the laser radiation pulses ( $I_{\text{las}}$ ) at various pump powers  $P_p$  (1–4) and the oscillogram of the discharge power  $P_p$  (5) at  $p_{\text{He}} = 6$  Torr and  $p_{\text{H}_2\text{O}} = 0.9$  Torr.

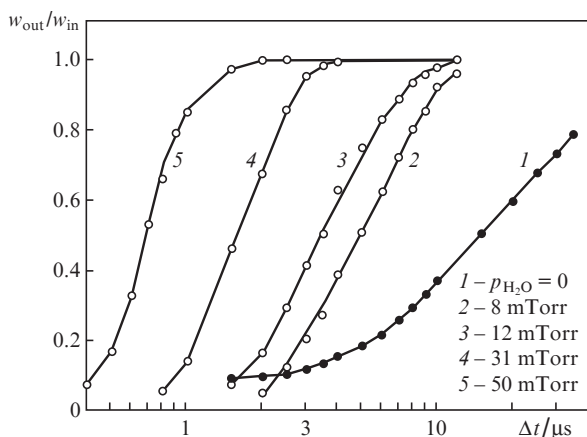
#### 5. Measurements of the relaxation rate and de-excitation constants for the He( $2^1\text{S}_0$ ) state in mixtures with molecular additives

Clear understanding of the mechanism of arising quasi-cw lasing necessitates information about de-excitation constants for the metastable state He( $2^1\text{S}_0$ ). Unfortunately, certain conditions should be met in performing the corresponding measurements for obtaining reliable data. To the best of our knowledge, there is only one work in which the constants of quenching atoms He( $2^1\text{S}_0$ ) by complex molecules were measured [32], though indirectly and without specifying accuracy. The main difficulty is that the rate of quenching  $k_e^m$  of the He( $2^1\text{S}_0$ ) state by electrons to the He( $2^3\text{S}_1$ ) state is extremely high and amounts to  $4 \times 10^{-7} \text{ cm}^3 \text{ s}^{-1}$  [33]. Actually yet at a small electron concentration  $n_e$  needed for obtaining reason-

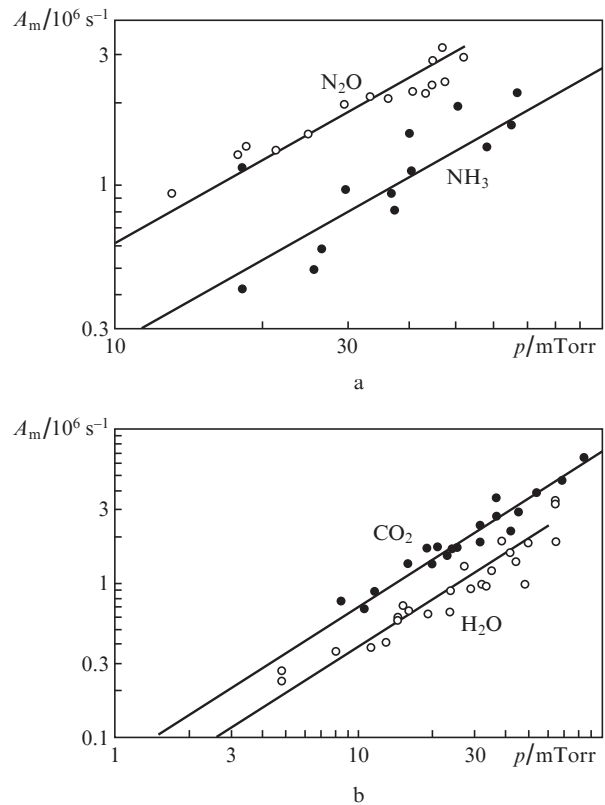
able quantity of atoms  $\text{He}(2^1S_0)$ , the populations of the states  $\text{He}(2^1S_0)$  and  $\text{He}(2^3S_1)$  relax into the ground state  $\text{He}(1^1S_0)$  as a unit with the constant  $k_c(2^3S_1) = 4.2 \times 10^{-9} \text{ cm}^3 \text{ s}^{-1}$  [34, 35]. In addition, atoms  $\text{He}(2^1S_0)$  may participate in fast quenching when colliding with each other, with atoms  $\text{He}(2^3S_1)$  and  $\text{He}(1^1S_0)$  [33, 35].

Thus, the EB parameters and He pressure in the test cavity were chosen in such a way that the quenching rate of the state  $\text{He}(2^1S_0)$  by electrons  $k_e^m n_e$  would not exceed  $10^5 \text{ s}^{-1}$ , and the total quenching rate in all other processes  $\sum_i k_i^m n_i$  including diffusion on walls would not exceed  $10^4 \text{ s}^{-1}$ . In particular, in the experiments with the test cavity diameter of 5 cm, the measurements were taken at a pressure  $p_{\text{He}} = 8 - 15 \text{ Torr}$ , EB current below 5 A, FWHM pulse duration of 15 ns, and voltage amplitude of  $\sim 4 \text{ kV}$ . By calculating the concentration  $n_e$  according to [27], we estimated an upper limit of this parameter  $2 \times 10^{11} \text{ cm}^{-3}$ . Measurements at such a value of  $n_e$  guarantee negligible subpopulation of the MS in recombination processes, which was also verified by the intensity of recombination radiation in singlet and triplet systems of helium levels. Note that even at the pressure of additive  $p_{\text{mol}} \sim 10^{-2} \text{ Torr}$ , the intensity of recombination radiation falls by a factor of greater than an order and its duration substantially reduces. This is explained by recharge of helium ions on additive molecules with their following recombination. At  $p_{\text{mol}} \sim 10^{-1} \text{ Torr}$ , the recombination radiation of helium actually ceases.

Figure 7 shows an example recovery curve for a medium transparency in the test cavity after the excitation pulse stops. The rate constant  $k_e^m$  for electron de-excitation of the  $\text{He}(2^1S_0)$  state calculated from this data was  $(3.8 \pm 0.4) \times 10^{-7} \text{ cm}^3 \text{ s}^{-1}$ , which within an acceptable accuracy coincides with a reference data ( $k_e^m = 4 \times 10^{-7} \text{ cm}^3 \text{ s}^{-1}$  [33]). In the same figure, the ratio  $w_{\text{out}}/w_{\text{in}}$  is shown versus the time delay  $\Delta t$  for the mixture  $\text{He}-\text{H}_2\text{O}$ . Similar dependences were obtained for the mixtures of helium with  $\text{NH}_3$ ,  $\text{CO}_2$ , and  $\text{N}_2\text{O}$ , which stronger affect the rate of lasing recovery in the second pulse. The relaxation rates of the MS  $\text{He}(2^1S_0)$  found from these results are shown in Fig. 8 versus the admixture pressure, and the quenching constants are presented in Table 1, which also includes (without specifying accuracy of measurements) data from [32] obtained, as was mentioned, by indirect methods.



**Figure 7.** Ratio of energies  $w_{\text{out}}/w_{\text{in}}$  of the probe radiation at the output and input of the test medium vs. a time delay  $\Delta t$  between the pulses in the mixture  $\text{He}-\text{H}_2\text{O}$  at various pressures of water vapours and  $p_{\text{He}} = 8 \text{ Torr}$ .



**Figure 8.** Rate of de-excitation of the state  $\text{He}(2^1S_0)$  vs. the pressure of molecular additives  $\text{NH}_3$  and  $\text{N}_2\text{O}$  (a),  $\text{CO}_2$  and  $\text{H}_2\text{O}$  (b). Dots are experimental data, lines correspond to the calculated de-excitation constants from Table 1.

**Table 1.** Rate constants for  $\text{He}(2^1S_0)$ -state de-excitation by collisions with molecules.

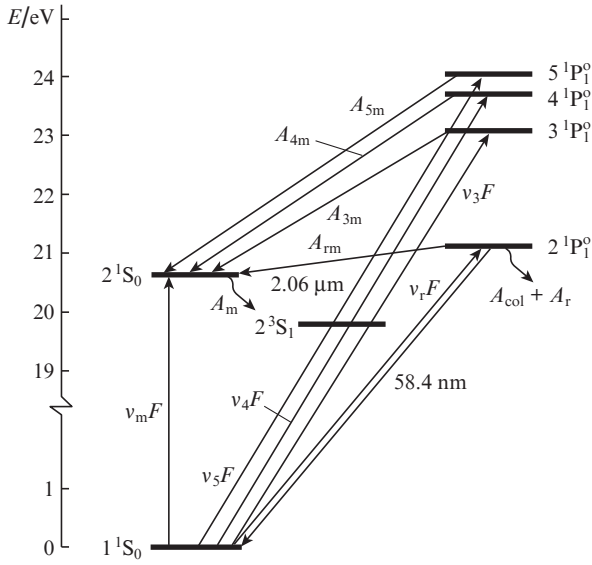
Additive	$k_i^m/10^{-9} \text{ cm}^3 \text{ s}^{-1}$	
	Present work	[32]
$\text{H}_2\text{O}$	$1.2 \pm 0.3$	—
$\text{NH}_3$	$0.8 \pm 0.2$	1.33
$\text{N}_2\text{O}$	$1.9 \pm 0.2$	0.92
$\text{CO}_2$	$2.2 \pm 0.4$	1.1

## 6. Discussion

### 6.1. Laser pulse duration in self-terminating regime

A longest duration observed in the present work  $\tau_{\text{max}}$  under a linear pump power increasing with time (Fig. 4) was 50 ns. This is substantially shorter than the duration  $\tau_{\text{max}} = 2/A_{\text{rm}} \approx 1 \mu\text{s}$  ( $A_{\text{rm}} = 1.974 \times 10^6 \text{ s}^{-1}$  is the transition probability for  $\text{He}(2^1P_1^o - 2^1S_0)$  [36]), determined in these conditions from the model [37]. Mechanisms that make the duration of the laser pulse shorter than the duration obtained in [37] are considered in [26]. It was shown [26], that  $\tau_{\text{max}}$  substantially reduces if the decay of a resonance state into the ground state is taken into account along with the subpopulation of lower metastable states by electrons. Helium as an active medium is specific in that the states  $\text{He}(k^1P_1^o)$  with  $k > 2$  are also efficiently populated by electrons [38, 39]. Since these states rapidly decay to the MS  $\text{He}(2^1S_0)$  (see Fig. 9, Table 2) the equation for the MS population should take into account, in addition to direct





**Figure 9.** Atomic levels of helium and the processes under consideration.

**Table 2.** Relative frequencies  $\nu_l$  ( $l = \text{ion, m, r, k}$ ) for He atom ionisation and excitation from the ground state and probabilities  $A_{km}$  for transitions from levels  $k^1P_1^o$  to level  $2^1S_0$ .

$l$	State	$\nu_l$ [39]	$A_{km}/10^6 \text{ s}^{-1}$ [36]
ion	$\text{He}^+ ({}^2S_{1/2})$	1	–
m	$\text{He} (2^1S_0)$	0.055	–
r	$\text{He} (2^1P_1^o)$	0.35	1.99
$k = 3$	$\text{He} (3^1P_1^o)$	0.11	13.4
$k = 4$	$\text{He} (4^1P_1^o)$	0.044	6.93
$k = 5$	$\text{He} (5^1P_1^o)$	0.022	3.92

excitation of the MS by electrons of the EB, the processes of a He( $2^1S_0$ ) state population due to spontaneous emission from levels He( $k^1P_1^o$ ). Finally, the system of equations describing the population of resonance and metastable states on the leading edge of the pump pulse (i.e., under the condition  $n_0 \gg n_r \sim n_m \sim n_k$ ) takes the form:

$$\begin{aligned}
 \dot{n}_{\text{ion}} &= n_0 \nu_{\text{ion}} F, \\
 \dot{n}_k &= n_0 \nu_k F - n_k A_{km}, \\
 \dot{n}_r &= n_0 \nu_r F - n_r A_{\Sigma}, \\
 \dot{n}_m &= n_0 \nu_m F + n_r A_{rm} + \sum_{k=3}^5 n_k A_{km} - n_m A_m,
 \end{aligned} \tag{1}$$

where  $n_{\text{ion}}$  is the population of ions;  $n_0$ ,  $n_r$ , and  $n_m$  are the populations of the ground, resonance, and metastable states, respectively;  $n_k$  ( $k = 3, 4, 5$ ) are the populations of states He( $k^1P_1^o$ );  $A_{km}$  is the transition probability for He( $k^1P_1^o - 2^1S_0$ ) [36];  $A_{\Sigma} = A_{km} + A_r + A_{\text{col}}$ ;  $A_r = 0.238 A_0 \sqrt{\lambda_0/r} = 0.67 \times 10^6 \text{ s}^{-1}$  is the probability for the resonance radiation to be emitted from the tube centre [26, 40] (the tube radius is  $r = 2.5 \text{ cm}$ );  $\lambda_0 = 58.4 \text{ nm}$ ;  $A_0 = 1.8 \times 10^9 \text{ s}^{-1}$  is the transition probability for He( $2^1P_1^o - 1^1S_0$ ) [36];  $A_{\text{col}}$  and  $A_m$  are the probabilities of radiationless transitions from the RS and MS;  $F$  is the pump rate in numbers of interaction acts per single He atom;  $\nu_{m,k,r}$  are the excitation frequencies for the corresponding helium levels from the ground state referred to the ionisation frequency  $\nu_{\text{ion}}$  of helium in the ground state in the case of the EB with the energy of several keV (taken from [39]), see Table 2. The initial electron concentration  $n_e(t = 0)$  was taken zero.

In pure helium we have  $A_{\text{col}} = A_m = 0$ . Under the condition that lasing on the self-terminating transition vanishes at the instant when  $\dot{n}_r/g_r = \dot{n}_m/g_m$  ( $g_r$  and  $g_m$  are the statistical weights for the RS and MS, respectively) [26], a solution of system (1) yields  $\tau_{\text{max}}^{(1)} = 50 \text{ ns}$  at  $F = F_0 t$ , which coincides with the experimental result (see Fig. 4). For a rectangular pump pulse ( $F = F_0$ ), we obtain  $\tau_{\text{max}}^{(2)} = 24 \text{ ns}$ . Since in the mixtures of helium with  $\text{H}_2\text{O}$  and  $\text{NH}_3$  the laser pulse duration is  $\tau \gg \tau_{\text{max}}^{(1,2)}$  we may conclude that ‘self-terminating’ lasing transfers to ‘collisional’ lasing in these cases.

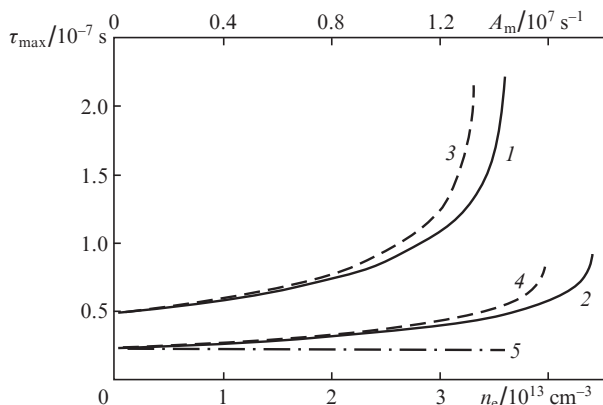
## 6.2. Mechanisms of lasing recovery in the second pulse

As was mentioned in Section 3, recovery of lasing on self-terminating transitions under electron-beam pumping is determined by the rate of MS relaxation. A most rapid de-excitation process is usually de-excitation through collisions with electrons [22]. Constant  $k_e^m$  for the state He( $2^1S_0$ ) is extremely large and exceeds those for all known metastable states that are lower working levels in self-terminating transition lasers [22]. However, the recovery of lasing in the second pulse in pure helium occurs noticeably slower than, for example, in a lead vapour laser ( $\lambda = 722.9 \text{ nm}$ ) [30], for which  $\Delta t_1 = 0.45 \mu\text{s}$  and  $\Delta t_2 = 1.6 \mu\text{s}$ . Specificity of a He laser is a small energy difference for the states He( $2^1S_0$ ) and He( $2^3S_1$ ):  $\Delta E \sim 0.66 \text{ eV}$ . The state He( $2^3S_1$ ) is relatively slowly de-excited by electrons  $\{k_e(2^3S_1) = 4.2 \times 10^{-9} \text{ cm}^3 \text{ s}^{-1}$  [35]\}, which favours accumulation of atoms He( $2^3S_1$ ) during the pulse. The rate of cooling of plasma electrons in elastic collisions with helium atoms  $A_{\text{eHe}} = \langle \sigma_e v_e \rangle n_{\text{He}} m_e / m_{\text{He}}$  ( $\sigma_e$  is the cross section of plasma electrons with helium atoms,  $v_e$  and  $m_e$  are the velocity and mass of electrons,  $m_{\text{He}}$  is the mass of helium atom) is not high ( $1.24 \times 10^5 \text{ s}^{-1} \text{ Torr}^{-1}$  for  $T_e = 1 \text{ eV}$ ). Hence, the electron effective temperature in near afterglow exceeds the value of  $0.1 \text{ eV}$ , which is characteristic for a stationary temperature  $T_e$  in a helium plasma beam [41]. The result is that the MS He( $2^1S_0$ ) relaxes in near afterglow at a rate equal to the rate of electron cooling, which stipulates a comparatively slow recovery of lasing in the second pulse whereas the rate of lasing recovery is independent of  $n_e$ .

Introduction of molecular additives accelerates all the three processes affecting relaxation of the state He( $2^1S_0$ ). First, due to a large cross section of elastic collisions between electrons and molecules [33, 42] and excitation of rotational and vibration molecule states [43], the cooling of electrons goes faster. Second, an additional channel arises for efficient de-excitation of the level He( $2^3S_1$ ) by molecules [33], which also depopulates the level He( $2^1S_0$ ). Third, the state He( $2^1S_0$ ) quickly de-excites directly in collisions with molecules (Table 1). However, the rates of the processes, especially of the first one, substantially differ for various kinds of gases. Excitation of vibration molecular states at  $T_e > 0.5 \text{ eV}$  considerably increases the rate of electron cooling. Nevertheless, accumulation of molecules on vibration levels, in contrast, slows down the rate of electron cooling at low  $T_e$  because electrons acquire energy in colliding with molecules. In this case, in the critical interval of  $T_e$  for He lasers, the rate of electron cooling is determined by the rate of vibration state relaxation in mutual collisions between molecules (VT-relaxation), which is of crucial importance for lasing recovery in the second pulse. The rate of VT-relaxation raises in the series dimers–weakly polarised triatomic molecules–polar molecules [44–47], which helps bring the laser pulses closer up to their complete merge in mixtures of helium with  $\text{H}_2\text{O}$ .

### 6.3. A mechanism of quasi-stationary collisional lasing

As it follows from the above consideration, in the conditions of the present work, fast relaxation of the MS is implemented in two principally different processes: collisions with plasma electrons and heavy particles. In Fig. 10, we present the dependences of  $\tau_{\max}$ , found by solving system (1), on  $n_e$  and on the rate of the MS relaxation under collisions with molecules for various excitation conditions: by rectangular pulses and pulses in which the pump power linearly increases in time.



**Figure 10.** Maximal duration of a laser pulse  $\tau_{\max}$  vs. the concentration of plasma electrons  $n_e$  taking into account electron de-excitation of laser levels (1, 2) and vs. the rate  $A_m$  of He( $2^1S_0$ )-state de-excitation by molecules without RS quenching (3, 4) and at  $A_{\text{col}} = A_m$  (5). Curves (1) and (3) are obtained for a linear time dependence of the pump rate ( $F = F_0 t$ ), curves (2), (4), (5) correspond to a rectangular pump pulse ( $F = F_0$ ).

Curves (1–4) show that, at certain values of  $n_e$  and  $A_m$ , ‘self-terminating’ lasing should transfer to quasi-continuous one. However, in the experiments with pure helium, under no conditions up to  $n_e \sim 10^{14} \text{ cm}^{-3}$  the laser pulses were elongated. This may result from the two processes: de-excitation of the RS by plasma electrons and slow cooling of plasma electrons, which stipulates their high temperature  $T_e$  and, consequently, lack of inversion. The constant of RS quenching by electrons calculated by data from [48] ( $k_e^r = 2.3 \times 10^{-8} \text{ cm}^3 \text{ s}^{-1}$ ) and the measured time of lasing recovery in the second pulse (it recovers in approximately 5  $\mu\text{s}$ , until the recombination processes not yet substantially reduce the concentration of electrons accumulated during the previous pulse) give evidence that the former process is of negligible importance. Hence, the second process that is a main obstacle to fast lasing recovery in the second pulse is also responsible for locking the development of quasi-continuous lasing.

On the other hand, under pumping by long rectangular pulses, lasing in mixtures of helium with  $\text{H}_2\text{O}$  and  $\text{NH}_3$  develops with a noticeable delay  $\Delta t$  relative to the pump pulse leading edge (see Fig. 6). Lack of lasing for the time  $\Delta t$  may be explained by that the rate of relaxation of the RS in atom collisions with molecules conventionally is no smaller than that of MS relaxation (see, e.g., [33, 49]). In this case, when  $A_{\text{col}} \sim A_m$ , an inversion population cannot be reached [26]. As an example, in Fig. 10, curve (5) presents a result of solving system (2) under the condition  $A_{\text{col}} \sim A_m$ . This is only the ‘onset’ (in time  $\Delta t$ ) of another process selective with respect to helium atoms, namely, electron quenching, which leads to las-

ing. To the instant of developed lasing,  $n_e$  according to solution of system (1) is as high as  $\sim 2 \times 10^{13} \text{ cm}^{-3}$ , which corresponds to the rate of helium MS de-excitation  $k_e^m n_e = 0.8 \times 10^7 \text{ s}^{-1}$ . At  $k_{\text{H}_2\text{O}}^m = 1.2 \times 10^{-9} \text{ cm}^3 \text{ s}^{-1}$  and the concentration  $n_{\text{H}_2\text{O}} = 10^{16} \text{ cm}^{-3}$  ( $p_{\text{H}_2\text{O}} = 0.3 \text{ Torr}$ ) the probability  $A_m = k_{\text{H}_2\text{O}}^m n_{\text{H}_2\text{O}}$  is  $\sim 1.2 \times 10^7 \text{ s}^{-1}$ , which is comparable to the rate of MS de-excitation by electrons. Thus, a quasi-stationary inversion in He lasers occurs under a combined action of the two universal mechanisms of lower working state de-excitation: by plasma electrons and by molecular gases. The influence of plasma electrons is responsible for the higher rate of de-excitation of the metastable state He( $2^1S_0$ ) by molecules  $\text{CO}_2$  and  $\text{N}_2\text{O}$  than that by molecules  $\text{NH}_3$  and  $\text{H}_2\text{O}$ ; however, no quasi-continuous lasing is observed with the former molecules, and the second-pulse generation develops with a delay due to a comparatively high temperature of the second relaxant – electrons.

## 7. Conclusions

In the present work, lasing on the transition He( $2^1P_1^o - 2^1S_0$ ) at  $\lambda = 2.058 \mu\text{m}$  is studied in pure helium and in its mixtures with  $\text{H}_2$ ,  $\text{N}_2$ ,  $\text{O}_2$ ,  $\text{CO}_2$ ,  $\text{H}_2\text{O}$ ,  $\text{NH}_3$ , and  $\text{N}_2\text{O}$  under electron-beam excitation by both single (with a duration of 25–1200 ns) and double pulses. In pure helium, typical ‘self-terminating’ lasing was observed with a maximal pulse duration of 50 ns. A recovery of lasing in the second pulse occurs with the second pulse time delay of above 1.25  $\mu\text{s}$ . Introduction of additives  $\text{CO}_2$ ,  $\text{N}_2\text{O}$ ,  $\text{NH}_3$ , and  $\text{H}_2\text{O}$  increases the relaxation rate of MS He( $2^1S_0$ ) population and shortens the time of lasing recovery in the second pulse up to overlapping of the pulses in mixtures He– $\text{H}_2\text{O}$ . With the exciting pulse duration of  $\sim 1.2 \mu\text{s}$  in mixtures of helium with  $\text{NH}_3$  and  $\text{H}_2\text{O}$ , lasing with the duration of  $\sim 0.8 \mu\text{s}$  was obtained, which indicates that a collisional quasi-continuous operation regime is realised. Such a regime occurs under a combined action of the two universal de-excitation mechanisms for the lower working state of an atom: by plasma electrons and molecular gases. Hence, the assumption that in [24] the transfer from self-terminating to collisional lasing was realised by the new method for the first time, has been theoretically and experimentally confirmed. This opens a possibility for obtaining collisional lasing in other active media and, consequently, in other spectral ranges including the visible range.

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